

Section VIII
Girls' Modified Program Rules - Volleyball
2019-2020

- The minimum net height shall be seven feet (7)
- Antennas are required.
- The front and sides of the official's stand must be padded up to 5'6". Metal cables from the net to the posts should also be protected.
- A visible scoring device is required and must be visible to both teams.
- Both teams should supply a scorer and a line judge. **The line judges are to begin in the left back corner of the opponent's court. They do not switch after each set.**
- The official will time between sets.
- The ball can be white or a combination of colors with at least one-third of the surface white. It must have a smooth leather or leather-like cover.
- All matches shall consist of five sets.
- Teams will stay on the same side for the first two sets, then switch. In the first four sets, the same side will always serve first.
- In the 5th set, if the match is tied at 2-2, the captains will report to the R2 for a coin toss. The winner of the coin toss may choose serve, receive, or side. Teams will not switch sides during this set. (If either team is up 3-1, or 4-0 after four sets, do not hold a coin toss- just ask the coach of the trailing team if s/he would like to serve, and if they do, have the teams remain on the side they were on for sets 3 and 4)
- Rally scoring shall be utilized.
- The number of points in each set of the modified match shall be 20 points with a 25 point cap in all sets.
- The winning team must win by 2 points until one team reaches 25 points.
- The server must serve the ball with her feet behind the service line (end line). Stepping on or over the line is a foot fault resulting in loss of serve

and a point for the opposing team. **Officials CANNOT** waive this rule. Section VIII will NOT move the service line up one meter.

EXCEPTION: EAST ROCKAWAY SMALL GYM. SERVER MAY STEP OVER THE LINE WHILE ATTEMPTING TO SERVE.

- Two tosses will be permitted per turn of service as long as the first attempt was a bad toss.
- The server has 5 seconds to contact the ball for service.
- Players can serve off their hand.
- The libero player is allowed and may serve off their hand.
- If using a libero player, a libero tracker needs to be provided by the school using the libero.
- The libero is permitted to serve.
- Eighteen substitutions are allowed.
- Mixed uniforms are allowed but numbers must be on the front and back of the uniform.
- No jewelry is permitted. No taping of earrings is permitted.
- The wearing of religious articles and medical devices (i.e. face mask) requires a letter of approval from the NYSPHSAA.
- Volleyball line-up sheets must be carefully filled out and submitted 3 minutes prior to set one and 30 seconds prior to the start of sets 2, 3, 4 and 5.
- Coaches can speak to the officials but may not argue judgment calls. Officials will not tolerate unsportsmanlike like behavior by players and coaches.