

**2020-21 SECTION VIII  
BOYS' MODIFIED VOLLEYBALL RULES**

**Match Rules**

1. The minimum net height shall be 7' 4 1/8"
2. Antennas are required
3. The front and sides of the official's stand must be padded up to 5'6". Metal cables from the net to the posts should also be protected. Foam rubber or slit rubber tubing may be improvised.
4. A visible scoring device is part of the required equipment, and must be in a position visible to both teams.
5. Each player must have visible numbers on the front and back of the uniform.
6. All teams are to supply scorers and lines people:
  - a. **Scorers: Home school scorer only - along with Asst scorer & clock operator. Please see that your scorer is familiar with the use of the official volleyball score sheets. Those at table have to be 6 feet apart.**
  - b. **Line Judges: Line judges are to stand on their side of the court. Remain on the same side for the whole match.** They are to be familiar with hand signals and their duties.
  - c. **No flags are to be used.**
7. The referee will time between matches. Time-outs are one minute in duration and there are three minutes between sets.
8. A team roster (Team A and Team B) with all players' names and numbers must be on the official table 10 minutes before the start of the match. The coach must sign this.
9. Volleyball line-up sheets must be carefully filled out and submitted 3 minutes before the start of set 1 and 30 seconds before the start of sets 2, 3, 4 and 5. (And 1 minute to end of timed warm-up to change line-up.)
  - a. **Line-up sheets gets placed on the scorer's table by coach – not handed to R2**
10. Pre-match warm-up is the timed 6 and 6. This will include serving. The official warm-up period after the captain's meeting is 6 minutes per team. It is a courtesy (not mandatory) to warn the coach when they have 2 minutes left, so their players can serve. The visiting team has the first 6 minutes.
11. All matches shall consist of five sets and there must be equal rosters.
12. **Teams will remain on the same side for all 5 sets**
13. If either team is up 3-1 or 4-0 after four sets, do not hold a coin flip- just ask the coach of the team that's trailing if she/he would like to serve or receive.
14. **The initial coin toss should be held at center court with one rep from each team & one official. Social distancing should be followed.**
15. **If the teams are tied 2-2, before the 5<sup>th</sup> set is to be played, a coin toss will be done with one Captain/Rep from each team – at center court.**
16. Rally scoring will be utilized.
17. The number of points in each set shall 20 points with a 25 point cap in all sets.

18. The winning team must win by 2 points (except for sets tied 24-24, in which case the next point wins).
19. The server must serve the ball with his feet behind the service line (end line). Stepping on or over the line is a foot fault resulting in the loss of serve and a point for the opposing team. Officials CANNOT waive this rule. Section VIII will NOT move the service line up one meter.
20. A server is permitted two tosses on each serve of each turn at service as long as the first attempt was a bad toss. The first attempt must drop directly to the floor. Using a toss to stall for time is not permitted, and a player may not have a re-toss as part of his routine- a second toss is only allowed after a bad toss. If that player's team wins the point, the same thing holds true: they are again allowed one bad toss for that (and any subsequent) attempt.
21. The server must contact the ball within 5 seconds after the official's whistle.
22. Players cannot serve the ball off their hand
23. The libero player is allowed and may serve in one position.
24. If using a libero player a libero tracker needs to be provided by the school using the libero.
- 25. Players are permitted to stand in front of the bench/chairs/bleachers.**
26. Eighteen substitutions are allowed
27. Substitutions will be administered directly off the bench, but have to be acknowledged and wait to be waved in. Players will not stand hand to hand
28. Mixed uniforms are allowed but numbers must be on the front and back of the uniform.
29. No jewelry is permitted, even post earrings. No taping of earrings is permitted. Gum chewing is discouraged.
30. The wearing of unusual equipment (masks are not considered unusual equipment) or religious article requires a letter from the state.
- 31. It is required that the players both on the court and on the benches are to wear masks.**
32. Coaches can speak to the officials, but may not argue judgment calls. Officials will not tolerate unsportsmanlike behavior by players or coaches. There should be someone assigned to crowd control from the school other than the coach. The Section VIII "Spectator Code of Conduct" should be posted in schools and enforced. The unsportsmanlike conduct forms found in the Section VIII directory are also applicable to modified athletics.
33. At the modified level, the captain and/or coach can request from the referee time-outs, subs, and clarifications of calls. At the modified level, requests for clarifications regarding calls are part of the learning process, and if politely addressed, may be honored by the officials.
34. In an attempt to encourage well-played volleyball at the modified level, and not to discourage the use of the set for fear of being called for illegal hits, an interpretation or a legal hit should be discussed with both coaches and the official before a match starts. Referees will tend to be more lenient at this level.
- 35. There will be no handshaking at the representative meeting, at beginning or end of the match, this includes with the Coaches.**