

*Section VIII*  
*Boys' Modified Program Rules – Volleyball*  
*2013*

All applicable New York State Public High School Athletic regulations will apply to this sport.

**Game Conditions:**

1. Two nights of rest between contests. Contests may be played with only one night's rest three times per season for rescheduling purposes. A team may never play three days in a row.
2. The maximum number of contests in Section VIII is 11.
3. Eight practices are required before the first scrimmage.
4. Ten practices are required before the first interschool contest.
5. Two scrimmages are allowed.

**Game Rules:**

1. The minimum net height shall be seven feet (7'4 1/8") for boys'.
2. Rally scoring in a five (5) set match shall be utilized at the modified level.
3. The number of points in each set of the modified match shall be 20 points.
4. The winning team must win by 2 points.
5. Two tosses will be permitted per turn of service as long as the first attempt was a bad toss.
6. The server must serve the ball with her feet behind the service line (end line). Stepping on or over the line is a foot fault resulting in loss of serve and a point for the opposing team. Officials CANNOT waive this rule. Section VIII will NOT move the service line up one meter.
7. All matches shall consist of five sets.
8. The libero player is allowed.
9. If using a libero player, a libero tracker needs to be provided by the school using the libero.
10. Coaches can speak to the officials but may not argue judgment calls.
11. Mixed uniforms are allowed at this level. Visible numbers must be on the front and back of the uniform.
12. Teams will stay on the same side for the first two sets, then switch. The same side will always serve first in the first four sets.
13. In the 5<sup>th</sup> set, teams will remain on the same side.
14. Official warm-up period in 6 minutes per team includes serving.
15. White ball or a combination of colors; at least one-third of the surface must be white. Smooth leather or leather-like cover.
16. Unusual player's equipment requires a letter from the state.
17. Visible scoring device is part of the required equipment and must be in a position visible to both teams.
18. All teams are to supply scorers and line judges.
19. Volleyball line-up sheets must be carefully filled out and submitted prior to set one and thirty seconds prior to the start of sets 2, 3, 4 and 5.
20. Officials will not tolerate unsportsmanship like behavior by players and coaches.
21. No jewelry is permitted.
22. Antennas are a required part of the equipment at the modified level.
23. Volleyball stanchions and the front and sides of the official's stand must be padded up to 5'6".
24. Players can serve off their hand.
25. Eighteen substitutions are allowed.

**TEAM ROSTERS**

Teams should consist of:

- A Roster and B Roster
- They should be of equal ability
- One roster plays 1<sup>st</sup> and 3<sup>rd</sup> set, while the other roster plays 2<sup>nd</sup> and 4<sup>th</sup> set. The 5<sup>th</sup> set is any combination
- The maximum number of sets an athlete can play is 3 sets.